

International Society of Certified Employee Benefit Specialists

April 2008

RICHMOND CHAPTER

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President's Message

As I continue to read the materials provided by ISCEBS in preparation for the fellowship exam this spring, I am reminded of the depth of our profession. No longer are we simply a function of Human Resources, Payroll or a Broker for health insurance. In today's employment market, we are strategic partners, as we help employers develop total rewards packages, define wellness, and enhance the work life balance for the employees. Whether we are working for the employer as our client or we are at the table as part of the HR strategic team, we must keep ourselves keenly aware of the multitude of issues in today's benefits (and political!) environment. Today's benefits professional has to include the knowledge of retirement issues as the baby boomers age and retire, through to the latest technology and demands for work-life that the Gen-Y's are bringing to the workplace. What a wonderful opportunity for us as professionals to work hand in hand with employers and employees to design and develop the rewards and flexibility that are now expected by the newest generation of workers and provide the necessary tools for the generation that is approaching retirement. Through resources such as our local chapter's education sessions, the ISCEBS continuing education program, the IFEBP and our continued efforts to encourage a new generation of benefits professionals to study for their CEBS certifications, we continue to enhance the mission of employee benefits professionals.

And what a successful year we have had so far! Our first educational session was a huge success on February 28th at the Westwood Club with Stuart Sutley of Innovative Wellness Solutions. We had over 40 attendees with very positive responses from those attending. The next educational session will be held on April 24th at the Westwood Club for a breakfast session and the featured speaker is Scott Fiedler, Aon Consulting. Please see more detailed information in this newsletter. We look forward to seeing you at this or other future presentations. Mark your calendars now these two future events. On June 12th, we will be sponsoring a full day event focused on the Health & Welfare Issues. On September 10th, we will also sponsor a half day event with topics on retirement. Please note that we are applying for CE credits for both of these sessions and this is a wonderful opportunity to share our sessions with your co-workers, and clients as we end the biennium. If you are interested in attending one of these events, or have speakers that can provide an educational session for our

members, please contact Craig Rupert, Education Chair or any board member.

It is also with great sadness that the Board says goodbye to Julie Nowak. Julie and her family will be moving to Cincinnati early this month. While she only recently joined the board as the membership committee chair, she has been active in the Benefits profession for many years. Julie completed her CEBS designation last year and was gracious to accept the position of membership chairman. Through Julie's efforts we have again completed the requirements of the national ISCEBS Chapter Challenge. Join me in wishing Julie well in Cincinnati. Rick Owens has accepted the offer to work as the Membership Committee chair as he continues to serve as a member-at-large on the Board. Thanks, Rick!

I would also like to take this opportunity to remind anyone that has not paid their dues for 2008, to send them to the national office and please encourage other CEBS professionals in your office and others you may know to continue to pay their dues each year so that we can continue to provide such excellent programs and resources for our local professionals.

Please Join Us for the April 24, 2008 Educational Event!

Presentation: Educating Defined Contribution Retirement Plan Sponsors on Fiduciary Liability

Speaker: Scott Fiedler

Aon

Date and Time: Thursday, April 24, 2008

8:00 to 9:30 a.m. Breakfast Meeting

Location: Westwood Racquet Club

6200 West Club Lane (804) 288-6028

Cost: \$25 (\$15 for members of the Richmond Chapter of ISCEBS)

Please RSVP: By April 18, 2008 to Craig Rupert (crupert@rcmd.com or 804-237-5910) or Claire Holbrook

claire.holbrook@wachovia.com or (804) 267-3190).

Questions: Contact Craig Rupert, CEBS, at 804-237-5910, or e-mail crupert@rcmd.com.

Make checks payable and mail to: Richmond Chapter-ISCEBS

P.O. Box 6513 Richmond, VA 23230

Or you may pay at the door, if you have RSVP'd

Note: Meeting fees are non-refundable unless cancellation is received before April 22, 20008. Unpaid no-shows will be billed.

Mark Your Calendar For The Following Upcoming Chapter Events in 2008!

June 12, 2008 Full-Day Health and Welfare Session 7:30 a.m. to 3:00 p.m. * Westwood Club

7:30 a.m. Breakfast/Registration

8 a.m. Speakers: Rick Fisher/Jessica Grossmeter StayWell Health Mangement

Topic: Wellness/Health Management Trends

9 a.m. Speaker: Ron Bargatze, Principal Dominion Benefits

Topic: National Health Care Proposals

10 a.m. Break

10:15 a.m. Speakers: Rob Cipolla and Gina Albert, Attorneys at Law

McGuireWoods

Topic: Section 125 Regulations Update

11:15 a.m. Speaker: Sarah Wilkinson, Assistant Vice President

Aon Consulting

Topic: Employee Benefit Trends

12:15 p.m. Lunch

1 p.m. Speaker: John Vellines, President

Health Savings Administrators

Topic: Advanced HSA

2 p.m. Speaker: Mike Romanzo, President

Medco Systemed Group

Topic: Prescription Drug Trends

Breakfast and lunch served

September 10, 2008

Retirement Half Day Session 7:30 to 11:45 (Breakfast)

Westwood Club Speakers and topics to be determined *

September 25, 2008

End of Summer Social 5:00 to 7:30 p.m.

Westwood Club

October 9, 2008

Luncheon Meeting 11:45 a.m. to 1:15 p.m.

Westwood Club Speakers and topics to be determined *

November 13, 2008

Annual Meeting (Breakfast) 7:30 to 9:30 a.m.

Westwood Club

Topic and speaker to be determined

*CE credits

Have you visited the ISCEBS web site (www.iscebs.org) lately? You will be interested to know you have access to a wealth of information about:

- ISCEBS
- Local Chapter
- Job/Resume services
- Survey findings
- News Briefs and Benefits Quarterly
- Live Telewebs and recorded options
- ISCEBS news and Resources
- Library/information center

If you have not been to the site lately, we encourage you to do so. To access the members-only site, enter your member number under the username and enter your last name (all lower case) as your password.

Membership Chairman's Message

CEBS Students:

Are you currently a CEBS student? CEBS registrants can join the local chapter for only \$40. Joining the local chapter entitles you to:

- Discounts on educational programs and seminars
- Newsletters highlighting chapter happenings and other topics of current interest
- Participation in an exciting, vibrant network of your industry peers

You can find the student membership form at ISCEBS.org.

Membership Update

The current Membership Chair, Julie Nowak, is leaving Richmond in April for an opportunity in the Cincinnati area. We wish Julie all the best in her new home.

Rick Owens will be taking over the role of Membership Chair. Rick can be reached at 804-782-7553 or rick.owens@suntrust.com.

Julie Nowak, CEBS Membership Chair 804-545-2220 jnowak@scottins.com